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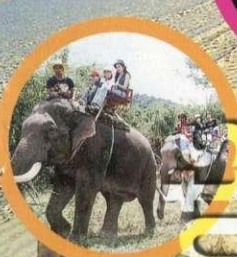
HELLO! HUA-HIN

Volume 6 April - May 2005

What-When-Where? It's all here



Tasty Cuisine 3



Close-Up Side Trips 6

Do you need transportation?

Car & Motorbike 8

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MY FRIEND TRAVEL
See Ad. Page 1

Hua Hin Heidi's
See Ad. Page 2

Manora Property Market
See Ad. Page 3

For Accommodation....Look on the Map Page

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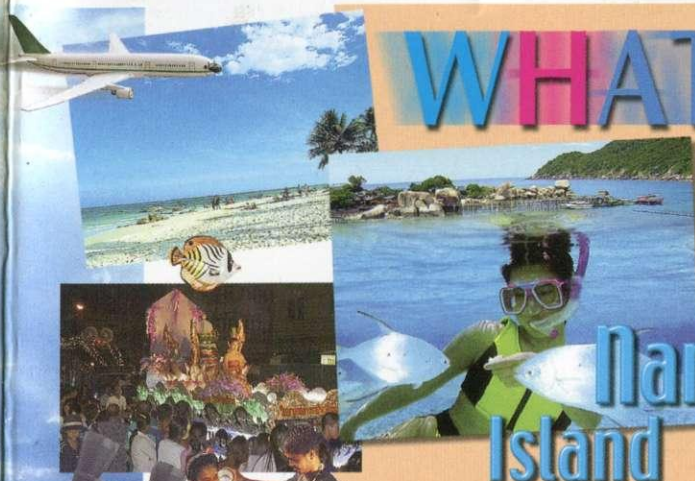
132 Naresdamri Rd., Hua-Hin Prachuabkhirikhan
Tel : (032) 513800

Shopping

Shopping guide in Hua Hin

Please feel free to ask for a proper discount when shopping in places where prices are not marked. A huge variety of dried fish, dried shrimp, dried squid products, Trinkets, Shells products, The printed cotton fabric called Khommaphat, long famous for its wide range of traditional cotton fabrics and goods, rich in colour and design, If you want to know how they are prepared, pop into the small factory at the back to watch them at work at Phetkasem road nearby Baan Kachathong House, woman accessories and house wares made of coconut, Hua Hin Batic, Handmade and handicraft products of Pineapple Paper Handmade Pineapple Paper in Pranburi. Visit to factory, South off Pranburi, at km 263 turn back (U-turn) and turn left before the walking bridge, after 4.2 km you will see on the right side the factory and a big house, to take a look at how waste pineapple leaves are used in the production of hand made paper. Started as part of Thailand's One Village One Product initiative, a project from HM King Bhumibol, Pineapple Paper 2001 has customers

Continued P. 8



Nang Yuan Island

On Nang Yuan each rock, tree and mountain is aesthetically placed, as if on purpose, and the bungalows, restaurant, piers, and bars blend in perfectly with nature. Nang Yuan Island is located in the Gulf of Thailand, It is a group of three distinct Islands, which are interconnected by strips of beautiful sandy beach. There are many different ways to get to Ko (the Thai word for island) Nang Yuan. We chose an adventurous approach and fellow adventurers met at Hua Lumphong Railway Station bound for Chumphon, a small city in the southern part of Thailand. The train was scheduled to leave at 10.50pm. The arrival time in Chumphon was to be 5.50am. We booked a fast-boat to take us to Ko Nang Yuan from Tung Makhom Noi pier. The pier is located just beyond the outskirts of Chumphon. It is about 20 kilometres (12 miles) from the train station to the boat dock. After arriving at the pier, we rushed to exit the sog-taew. Ko Nang Yuan is about 66

kilometres (40 miles) from this dock. The boat trip from Chumphon to Ko Nang Yuan took almost two hours. It was an excellent time to nap. The gentle rock-

ing motion of the sea provided a very relaxing beginning to our island adventure. In fact, most of them headed for a larger island named Ko Tao (the Thai word for turtle), a Mecca for scuba-diving enthusiasts. It is only a 15-minute boat ride from Ko Nang Yuan. Ko Tao is a little more commercially developed and large enough to

Continued P. 8



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From P. 6 Close-up Side Trips

- Phetburi river
- Other place to visit.
- Khao Yoi Cave
- Khao Eko
- Leam PakBear
- Leam Luang Cape
- Chao Samran Beach
- PukTian Beach
- Petch Beach
- Klong Thian Beach
- Cha-am Beach
- Huay Sai Tai Wildlife Breeding Centre

PRACHUAB KHIRIKHAN lies 90 kms. south of Hua Hin. The most ritualism is THE CITY PILLAR situated at the Koa Luk rd. The pillar is very beautiful, on the top is prapromh which has 4 faces. And the most prominent landmark is a beachside hill-ock name KHAO CHONG KRA CHOK (Mirror mountain)-which supports a buddhist shrine on the top. When you are on the top you can see the bay & town. PRACHUAB BAY the beach is curve & beautiful. Tourists always come to watch the sunrise in the early morning time for the view is very fantastic. MANAO BAY which ahead from Prachuab bay in the Air Force 53. The beach is clean with clear water arounded with many trees can come to relax & swim. NATIONAL PARK SAM ROI YOD drive south to PRANBURI in the National Park, passing through pineapple plantations & sugar-cane to an unspoiled fishing village (Ban Bang Pu) Proceed by a simple fishing boat to a quiet beach. PHRAYANAKORN CAVE a beautiful "Sala" erected by King Rama V. Sensible walking shoe are essential. Also SAI & KAEW CAVE situated at the same park. This ancient caverns have petrified waterfall, monstrous limestone domes with dange stone tentacles. PA KLANG AOW National Forest The National forest is full of many kinds of tree species. Just only 2 kms. from Amphuer Bangsaparn, close to the sea. There is a lot big suitable for camping.

Thai Currency

A baht is divided into 100 satang. Coins and notes acurrently are in use as follows:

Coins: 25 and 50 Satang; 1, 5 and 10 baht.
Banknote: 20 (green), 50 (blue), 100 (red), 500 (purple), 1000 (brown and green)

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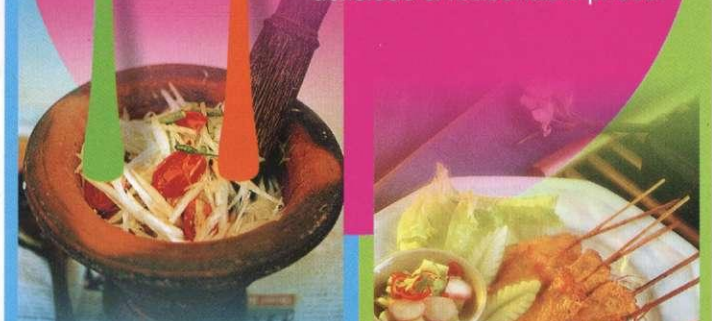
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RICE & ITS many meaning
Rice is an integral ingredient of a meal at any time of day, from rice porridge (jok) or rice soup (khao tom) for breakfast to, say, a plate of fried rice in the evening. Most notable in Thailand is jasmine-fragrant rice (khao hom mali), the finest of the long-grain rices, which are served either cooked or steamed. Sticky rice (khao niaow) is the preference, while there are many variations on this theme, there are some things about rice that are standard throughout the Kingdom.

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MOO SATAY is sliced pork mixed with spices such as fennel before coconut cream is added. The fragrant pieces are then grilled before being spread a second time with coconut cream. The pork is delicious when eaten with a satay sauce of mixed cream and peanuts. A-chade sauce is a mixture of sliced cucumber, onion and chillies covered with vinegar. For those preferring the less spicy, this dish can be ordered without the sliced chillies and eaten with toast.



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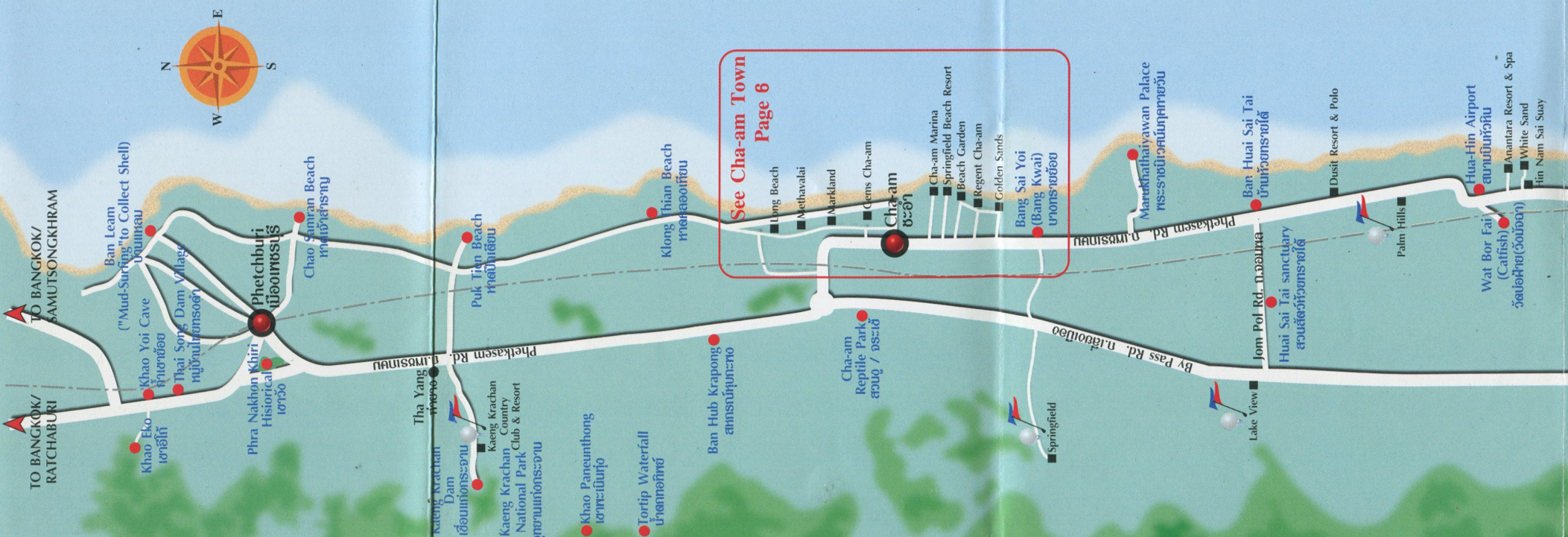
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D 5

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B 7

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C6 C6

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B 7

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C 4

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A 4

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C 6

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B 7 Nattacha Salon
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D 5 NARESDAMRI RESTAURANT
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C 6 Nick Custom Tailor & Thaisilk Store
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A 3 ONT HUANN TRAVEL
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			511367
Hua-Hin Hospital ร.พ.หัวหิน	Tel. 547350		
Sanpaulo Hospital ร.พ.ซานเปโล	Tel. 532576-85		
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
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Petchaburi is a charming cultural and historical town interest make it a marvellous complement to the natural delights of the seaside, sitting astride the main road to southern Thailand. And have many temples, some of the best examples of ayutthayan mural paintings can be found here to visit.

- Wat Mahathat
- Wat Kampaeng Laeng
- Wat Yai Suwannaram
- Wat Ko Kaew Sutharam
- Wat Plab Plachai
- Wat Phra Nawn
- Khao Luang Cave

Have the glorious palace are breath-taking palace.

- Phra Nakhon Khiri palace on Khao Wang, now a national museum on a hilltop on the edge of the town
- Phraram Rachanivet Originally called Ban Puen Palace (rainy season palace)
- Phra Ratchaniwet Marukhathaiyawan built of golden teak (summer palace) near Cha-am

Other cultural attractions offer a wealth of sightseeing.

- Thai Song Dam Village, highlighting their distinctive way of life, music and dance.
- Ban Laem, where villagers "surf" across the mud flats on long wooden boards to collect the shells by hand.

The largest evergreen forest (highlight and tourist attractions)

- Kaeng Krachan National Park, it is an absolute paradise for naturalists and hikers.
- Lake or Kaeng Krachan Reservoir
- Khao Panoen Thung
- Thohthip waterfall
- Tharn Thip waterfall

Close-up Side Trips

HUA HIN & CHA-AM

Less than four hours by road or rail from Bangkok, Hua Hin with its 3 kms. long white sand beach and small fishing village has long had an air of exclusivity thanks to favouritism by Thai royalty and Bangkok's wealthy elite. The area retains more of a Thai family ambience than other touristy destinations. The weekend getaway of Cha-am is a lovely long stretch of beach that has become popular with youthful groups of Bangkokians. Around 40 kms. from Petchaburi, the resort is extremely peaceful during weekdays, with plenty of delicious seafood to choose from.

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Ban Samaw Rieng or Ban Laem Hin

(Stony Point Village) the place was a remote fishing village by a rocky headland. Afterwards Prince Nares, a son of (Rama V) built a holiday palace at the beach and introduced the name Hua Hin, meaning Stone Head. Hua Hin is oldest smaller sea-side holiday town.

Where's the tourist attractions.

- Klai Kangwon palace (now closed, the king in residence.)
- Hua Hin beach (About 6 kms southwards between Hilton Hotel and Khao Takiab (Chopstick Hill))
- Khao Takiab (vantage point, standing buddha & monkey feeding) & Khao Krilas (catfish feeding)
- Suan son beach (sea pine tree garden)
- Singh Toe Island (the coast of suan son beach)
- Khao Tao & sai noi beach
- Phra Phrom shrine (on Khao Mahachai hillock)
- Khao Hin Lek Fai (view point & Tropical garden)
- Elephant village (Wat Etisukatow & Hua Na Village)
- Pala U waterfall
- The Royal waiting room (Railway station)
- Wat Bor Fai (catfish feeding)

Many markets to see

- Chat Chai day market (Walking bridge)
- Fish market at fishing port (Early in the morning)
- Souvenir bazaar at near Sofitel Hotel
- Night market at Dechanuchit rd. (everyday 5 pm. till late)

- Weekend market at Grand Hotel & Plaza (Wed. till Sunday)

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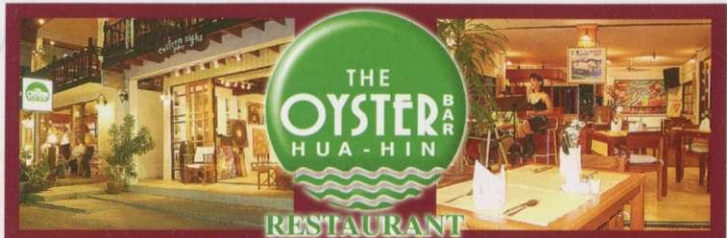
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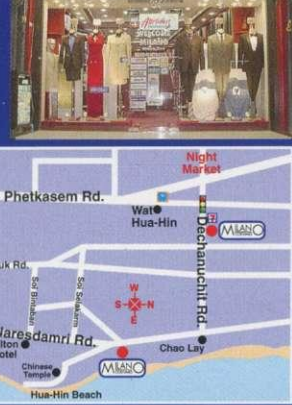
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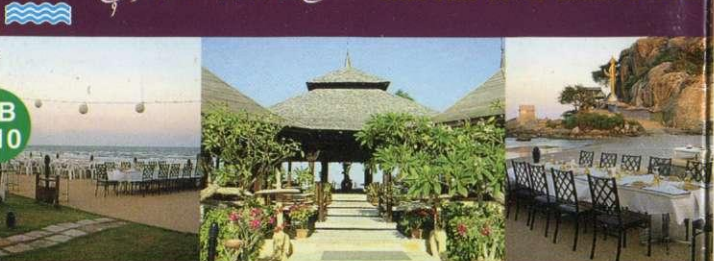
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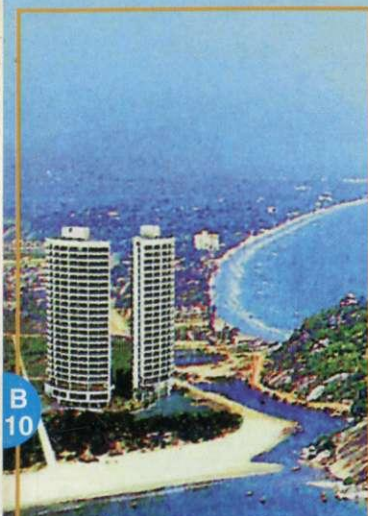
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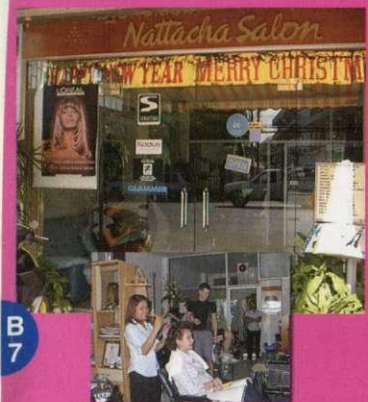
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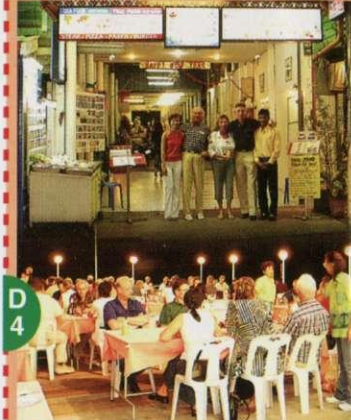
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From P.1 Nang Yuan Island

accommodate automobiles and motorcycles including 7-11 convenience store. You will find none of those reminders of civilisation at Ko Nang Yuan. When we arrived, the sun was gently shining on a blue-green, but yet crystal clear sea. There were schools of fish, tightly packed together, performing under water swimming acrobatics. The wooden pier where we docked became a bridge leading us to the gateway of the island. It was a beautiful sight where big brown rocks met white sandy beaches and ocean waters. As we stepped on the island, a big sign reading "Welcome" was also in plain sight. Besides, in big sign it proclaimed, "Do not bring any plastic containers or cans of any description to use in Ko Nang Yuan". The caretakers are very sensitive to the fragility of the ecology here. This policy was instituted to protect the natural environment from garbage carelessly tossed away in an unguarded moment. It makes perfect sense. That discarded trash may take centuries for nature to reclaim if disposed of improperly. The wooden bungalows are strategically situated among the trees to provide a perfect blend of charm and privacy. They are immaculately clean

From P.1 Shopping

both in Thailand and abroad. With Pranburi being the main center for Pineapples, historically their leaves were treated as a waste product of the industry. However, during the last few years ways have been developed to process these strong fibered leaves, into a booming small village industry using local labor and environmentally friendly materials. The end result is the production of a wide range of local handicrafts such as picture frames, cards, containers, books, jewelry boxes. And a variety of processed fruits are a mainstay of business. Souvenir shops can be found in the town, Daymarket at Chatchai Market & Nightmarket at Dechanuchit rd. and Every weekend at Golden Place near King Palace 9.00 till 5 pm.

Shopping guide in Petchaburi



Sweets is a famous souvenir of this province. Examples are Morkang, Arlua and Sampannee (made from flour & sugar), Bah Bin (made from coconut, sugar & flour), Kanom Chan (a layered sweet made flour & sugar), Chaow Tan Chuerm (palm seed in thick syrup). So foy Thong, Thong Yip, Thong Yod. They are essentially confections of egg yolk and syrup, although with different

methods of preparation, remain widely favoured Thai desserts or khamom. Khao Chare, rice served with ice and sweetened meat is a renowned local dish and is popular during the summer season as it cools you down.

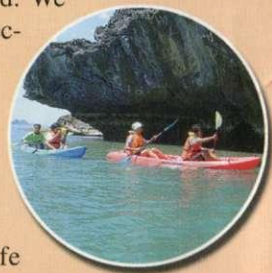
Visitors are able to buy these sweets as souvenirs from sweet shops in town (near Khao Wang) and many well-known shop on both sides of Phetkasem road.



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and offer all the amenities expected. We found comfortable beds, showers, electricity, air-conditioning, and our own private deck facing the sea. Looking out from our large porch is a magnificent view of the island covered in trees bathed in bright sun and surrounded by clear ocean water where coral reefs and marine life



live in the transparent blue seas. After a quick survey of our bungalow, we changed into our swimming suits and took our place swimming next to the fish. We enjoyed seeing them dance in circles around us while we were standing in only knee-deep water. We felt them touching our legs. The fish are a must se for the underwater enthusiast. When we snorkelled, parrotfish seemed to enjoy our company as much as we enjoyed theirs. When we went further out, we found many black sea cucumbers.

Each afternoon, day visitors gather on the beach. Mostly they are tourists from surrounding islands or scuba buffs who come here to unwind and dine after a morning dive. There is a 100 baht fee for the day users of the facilities. We noticed that in the late afternoon that day trip visitors started to leave the island.

So we went up a hill to see a truly stunning panoramic view of the island. There is a lookout at the top of one island that is easily reached by a gentle climb up a 50-metre staircase just above the bungalows. It was an enjoyable change of pace after an afternoon of water fun. It is an easy climb. From the lookout point you can see the other islands connected to the beach. It is a wonderful sight. The beaches, rocks, and massive expanse of the tropical ocean can be seen all at the same time.

At night, everything is quiet. It is only on nights of extreme high tide that the beaches are covered with surf. The idea of crossing a tide-covered sandbar in the late evening while getting immersed in salty water before bedtime is not the ideal impression of an island adventure to everyone. Nang Yuan is a paradise and a truly natural beauty. It is embedded fondly in our memory as a designer island. (See Ad.Lomprayah Page7)

